



# ADRIA ADAMS

Adria@AALegalNurses.com | 862-668-1899 | Casa Grande, AZ 85193

## SKILLS

- Patient Care Oversight
- Attention to Detail
- Decision Making
- Nursing Consultation
- Patient Condition Monitoring
- Accurate Documentation
- Medication Administration
- Medical Record keeping
- Direct Patient Care
- Critical Thinking

## EDUCATION

ACLS, BLS, PALS, TNCC

Thomas Edison State College, Trenton, NJ

06/2012

**Bachelor of Science:** Nursing

Holy Name Hospital School of Nursing, Teaneck, NJ

06/2009

**Diploma:** Nursing

## AFFILIATIONS

American Association of Legal Nurse Consultants

## WORK HISTORY

**RN, LNC** | Straight A's Legal Nurse Consultants – CURRENT

- Medical record review for merit
- Fact Summaries and Medical Chronologies of medical records
- Identify lack of Standards of Care, red flags, and inform on usual disease/ injury progression.
- Expert Witness
- Specializes in product defects, medical malpractice, personal injury cases.

**RN, ER** | Exceptional Healthcare Community Hospital - Maricopa, AZ

01/2022 - CURRENT

- Managed care from admission to discharge.
- Administered medications via oral, IV and intramuscular injections and monitored responses.
- Provided direct patient care, stabilized patients and determined next

course of action.

- Organized and managed care of patients undergoing various therapies and procedures.
- Managed quality care for patients with heart failure, end-stage renal disease and coronary artery disease.
- Advised patients and caregivers of proper wound management, discharge plan objectives, safe medication use and disease management.

**ER/Inpatient RN** | Phoenix ER and Medical Hospital 02/2020 - 01/2022

- Adhered to strict safety measures by carefully determining proper dosages before administering medications.
- Offered exceptional care and support to individuals recovering from acute incidents and dealing with chronic conditions.
- Investigated and resolved issues affecting hospital operations and patient care.
- Followed all personal and health data procedures to effectively comply with HIPAA laws and prevent information breaches.
- Performed triage on incoming patients and determined severity of injuries and illnesses.
- Led teams in driving successful patient outcomes by prioritizing standard of care and best practices.

**RN Case Manager** | Banner Casa Grande Medical Center  
10/2019 - 02/2020

- ER -Utilization Review of charts -Working as part of a multidisciplinary team to place patients after discharge
- Managed and streamlined referral queues of up to 36 by efficiently prioritizing patients and clearing insurance obstacles.
- Educated and supported home healthcare providers with training, guidance, mentoring and resources required to achieve objectives."
- Actively engaged in on-call rotations to deliver continuous quality care to patients.
- Educated patients and loved ones about different treatment options and outside care approaches to reduce burden on hospital resources.
- Conducted regular re-evaluations to address changes in needs and conditions, introducing revisions to care plans.

**ER RN** | Banner Staffing Services 08/2019 - 10/2019

- ER RN filling staffing needs at a variety of hospitals across Arizona - Functions in the role of the critical care nurse in the acute care setting

- Planned, prioritized and provided nursing care by applying advanced specialty clinical nursing knowledge and skills to support comfort and safety of patients and families.
- Adhered to required infection control, isolation procedures and aseptic techniques in delivery of patient care.
- Educated patients and answered questions about health condition, prognosis, and treatment.
- Observed and recorded signs, symptoms, behaviors and physiological status of patient.
- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.

**Travel RN** | Primetime Healthcare 05/2019 - 08/2019

- Float Pool -Work in a variety of clinical settings including ER, ICU, and Tele -Facilitate care for patients in critical care setting
- Delivered outstanding care to patients with various diagnoses and managed care from treatment initiation through to completion.
- Updated patient charts with data such as medications to keep records current and support accurate treatments.
- Documented all elements of care and updated patient charts and confidential files to reflect changes in care plans, interventions applied and observations.
- Administered different therapies and medications in line with physician orders and treatment plan.
- Used first-hand knowledge and clinical expertise to advocate for patients under care and enacted prescribed treatment strategies.

**Clinical Care Operations** | Banner Casa Grande Medical Center, POOL RN 08/2016 - 05/2019

- Staff nurse on any of the patient care units: ER, ICU, PCU, TELE, OBS
- Functioned as Charge Nurse on any of the units as well as filled in as House Supervisor relief
- Remain flexible in my workload to fill any gaps to help facilitate patient care and flow through the hospital.
- Coordinated with appropriate administrative staff to address clinical, operational and financial questions.
- Taught patients about medications, procedures, and care plan instructions.
- Enhanced patient outcomes by providing knowledgeable education on procedures, medications and other physician instructions.

**Travel RN - ER** | Taledmed 06/2017 - 09/2017

- Facilitate care for patients at a Trauma Center in Chandler, AZ - Provide support to patients and families in the ER setting

- Administer medications and treatments in coordination with physician orders and multidisciplinary care plans.
- Educated patients and answered questions about health condition, prognosis and treatment.
- Planned, prioritized, and provided nursing care by applying advanced specialty clinical nursing knowledge and skills to support comfort and safety of patients and families.
- Communicated openly and collaboratively with all healthcare staff to organize successful patient care.

**Travel RN - ER** | Travel Nurse Across America

08/2015 - 02/2017

- Facilitate care for patients in an emergency room setting in 13-week contracts across the US
- Provide education to patients and families -Administer medications, evaluate patient condition, assess vital signs and cardiac monitoring.
- Administered different therapies and medications in line with physician orders and treatment plan.
- Teamed on trauma and emergency interventions involving serious head injuries, gunshot wounds and thoracic trauma.
- Answered codes quickly and orchestrated efficient, skilled medical care.
- Provided skilled, timely and level-headed emergency response to critically ill patients.
- Delivered high level of quality care to diverse populations while overseeing patient admission and triaging based on acuity and appropriate department admission.

**RN, PACU** | Philadelphia Surgi-Center, RN - Philadelphia, PA

06/2015 - 09/2015

- Recover patients after moderate sedation and general anesthesia - Perform intake interviews prior to surgery or pain management intervention -Provide discharge education to patients and families
- Managed care from admission to discharge.
- Administered medications via oral, IV and intramuscular injections and monitored responses.
- Secured controlled narcotics and distributed medication on schedule to meet patient needs and minimize misuse opportunities.
- Monitored patient reactions to drugs and carefully documented findings.
- Monitored patient condition by interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity.

**RN, ER** | Thomas Jefferson University Hospital Methodist Division -

Philadelphia, PA

08/2014 - 05/2015

- Care for up to 6 patients in an Emergency and Critical care setting - Function as part of an interdisciplinary team to provide excellent care to patients and families
- Educated patients and answered questions about health condition, prognosis and treatment.
- Fostered professional collaboration and participation of staff in decisions affecting patient care and practice environment.
- Observed and recorded signs, symptoms, behaviors and physiological status of patient.
- Administered different therapies and medications in line with physician orders and treatment plan.
- Advocated for and strived to protect health, safety and rights of patient.

**RN, PCU/Intermediate Stepdown** | Holy Name Medical Center - Teaneck, NJ

03/2011 - 08/2014

- Intermediate/Progressive Care -Provided pre- and post-care for patients undergoing cardiac-catheterization and electrophysiological studies, as well as pacemaker insertions
- Provided care for patients undergoing MI screening and anticoagulant therapy
- Prepared patients for TEE, echocardiography, and stress testing.
- Minimized hospital stays with recovery-centered approaches, reducing average in-patient stay length.
- Taught patients how to improve lifestyle choices, dramatically reducing chance of symptom reoccurrence.
- Provided clinical instructions to orient new nurses and student nurses to achieve training outcomes.
- Maintained quality care and comfort for patients with heart failure, pulmonary hypertension, and other conditions.

**RN, Cardiac Cath Lab** | Holy Name Medical Center - Teaneck, NJ

02/2013 - 07/2013

- Responsible for pre and post procedural care for cardiac patients
- Assisted with interventional procedures, including cardiac catheterizations and angioplasties
- Developed and maintained patient's records and updated patient's charts
- Assisted physicians in the implantation of pacemakers and loop recorders.
- Provided direct patient care, stabilized patients and determined next course of action.

- Monitored patient condition by interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity.
- Maintained quality care and comfort for patients with heart failure, pulmonary hypertension and other conditions.

**RN- Med/Surg/Neuro** | Holy Name Medical Center - Teaneck, NJ

08/2009 - 02/2011

- Neuro -Assessed patient conditions and nursing needs, using the nursing process
- Ensured that patient direct care needs are met
- Performed patient and family education.
- Monitored patients before, during and after surgical operations to evaluate patient care.
- Assessed patient status during procedures to communicate abnormalities to physicians.
- Started intravenous fluids, administered medications, and documented patient charts by recording food and fluid output and intake.
- Cared for patients in 27-bed unit, supporting fellow nurses in delivering outstanding treatment to patients.
- Strengthened training and nursing knowledge by taking part in continuing education programs and Stroke workshops.
- Delivered high level of quality care to diverse populations while overseeing patient admission and triaging based on acuity and appropriate department admission