

Theresa Siess

RN, BSN, CLNC

I have 28 years nursing experience in a variety of medical settings. This has helped me develop an expanse knowledge of various medical needs, medical procedures, cultural diversity, communications, and disease processes and management.

Experience

Certified Legal Nurse Consultant, Tyler, TX- 3/2020-Present

Provide medical and nursing opinions as the expert on health, illness and injury, and the inner working of the healthcare system. Consulting expert on a medical case or testifying expert in Emergency Nursing, Pediatrics, and Flight transport.

Clinical Case Management, PrimeSTAR Home Health 9/2021-7/2022

Oversee the quality of patient care in the home setting. Handling case assignments, assessing treatment plans and informing patients about there are options.

ER staff nurse UT Health East TX, Tyler, TX 7/2015-9/2021

Staff nurse in an Emergency Department. Duties include triage, assessments, medication administration, reevaluations, documentation, education, wound, and orthopedic care, ISTAT labs, conscious sedations, ventilator application and maintenance, nebulizers, suctioning and respiratory care. Assist MD with chest tube placement, maintaining pleural vac, assist with Spinal taps, Central Line placements, G-tubes etc. Place oral or nasal gastric tubes, foley catheters, and maintain those properly. Provide basic and advance life support to the adult and pediatric patient. Chart review for accuracy and protocol compliance.

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Experience

Senior Flight Nurse, REVA Air Ambulance; Fort Lauderdale, FL. 2012-2015

As a senior flight nurse I had multiple responsibilities. I flew internationally with critically ill patients on a Lear 35 jet. The hours are long and intense. Depending on the flight, the crew can consist of a RN and Paramedic, RN and RT, or RN, RT, MD. I had to work efficiently with little supervision, effectively, and professionally. My skills are exceptional, with ability to identify complications quickly. Understand the importance of cultural diversity. Exceptional skills in intubations, IV starts, medication administration with knowledge of indications, contraindications, and side effects. Extensive knowledge in disease process, and trauma, related to flight with altitude complications. Ability to perform chest needle decompressions, insert oral or nasal gastric tubes. Ability to read and interpret Lab results and Radiographs. Can function under enormous stressful conditions. In addition to flying, I also was a Medical Coordinator. My responsibilities were to organize a flight, receive a medical report from the referring hospital, select a flight crew, brief the flight crew, and dispatch the flight medical crew. Decisions needed to be made how the patient was able to fly (at altitude or sea level) This requires a great knowledge in the patient's disease process. I also was FTO (flight training officer) in which I oriented new flight nurses to the company.

ER RN and part time Charge Nurse, Wellington Regional

Medical Center; Wellington, FL- 2009-2012

Responsible for patients in a Comprehensive Stroke Center, and STEMI Certified ER. Duties vary from regular ER floor nurse, Triage, Float Nurse, and relief Charge Nurse. This is a 36 bed ER with capability of holding 75 patients during busy season. As Charge Nurse I was responsible for the ER flow. Reviewing charts for completion and accuracy. Assigning patients to nurses, interacting between physicians and nurses, resolving conflict, placing patients in appropriate acuity sections of the ER. In direct contact with the house supervisor, and ER Nurse Manager.

Pediatric ICU RN, St Mary's Medical and Trauma Center; West Palm Beach, FL — 2005-2010

Busy 14 bed PICU that handles patients with medical complications and traumatic injuries. This level 1 trauma hospital is the only level one trauma hospital for pediatrics in the county. Proficient with children that are critically ill, and traumatically injured. Exceptional skills in IV starts and maintenance, placement of foley catheters, NG,OG tubes, feeding tubes, blood transfusions. Maintain Chest tubes, Cranial Bolts, Arterial Lines, Central lines. Ability to read and interpret EKG's, monitor vital signs and interpret signs of deterioration. Exceptional skills in communicating with physicians, therapists and other medical care personnel. Ability to interpret lab results. Excellent communication with parents to keep them advised to their child's medical needs. The staff nurses are rotated through a Charge nurse position, in which the responsibilities included bed assignment, assisting other nurses, making sure the transfer through the PICU is efficient. In addition to that I was on the PICU Transport Team that grew into transporting all pediatric patients to and from St. Mary's via ground transport or by Helicopter. (Trauma Hawk contract.)

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Bayada Nurses, Home Health Care RN; Willow Grove, PA 1995-2005

Various duties in the care for the pediatric client with various disabilities, including patients that are ventilatory dependent. Tracheostomy care, tracheostomy changes, emergency trouble shooting obstructed tracheostomy tubes. Tracheal suctioning, adjusting ventilator settings. Provided and monitored tube feedings. I have cared for patients on their initial day home, to their discharge date for independent living. Participated in the patient care plan, training and consulting on medication education, consulting on the disease process and management. Maintain external orthopedic fixation devices, catheterize spinal injured clients. Would accompany family and patient to special procedures with the ability to explain those procedures. Excellent at evaluating and implementing a care plan, and request specific medical necessities all at the same time respecting the clients cultural beliefs.

Waterbury Ambulance Service, Paramedic; Waterbury, CT 1985-1992

National Registered Paramedic providing emergency care to the local community with help needs in medical conditions, or trauma incidents. Rapid assessments with proper treatments, IV starts, Intubations, Advanced Cardiac Life Support, medication administrations, EKG interpretation, orthopedic immobilization, airway maintenance, pain management. EMS representative on the Trauma Committee Team. Ensuring the most up-to-date treatments for the trauma patient in the field. Quality Assurance chart review for completion, accuracy, following standard practice of care, and treatment protocols.

Central Bucks County EMS, Emergency Medical Technician; Doylestown, PA- 1982-1994

Certified EMT providing basic life support to the local community. Providing first aid, wound and orthopedic care. Transportation to the local

Education

**Vickie Milazzo Institute; CLNC
Graduated 2020; Houston, TX**

**Temple University; BSN, RN,
Graduated 1994; Philadelphia, PA
Williamsport Medical Center;
National Registered Paramedic
Certification, Graduated 1985;
Williamsport, PA**

Certifications

CLNC
ACLS
PALS
BLS
Wound Care

Contact

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